

Parks and
Recreation



2012 TUMWATER BASEBALL LEAGUE

COACH'S PACKET

GRADES: Kindergarten – 3rd

DIVISIONS: Kindergarten & 1st grade
2nd & 3rd grade

IMPORTANT: Mandatory Coach's Meeting

Date: Thursday, February 16
Time: 6:30pm
Where: Tumwater City Hall, downstairs Training Room
Purpose: To formulate teams

**Tumwater Parks & Recreation
555 Israel Road SW
Tumwater, WA 98501
(360) 754-4160**

Parks and Recreation



Dear Coaches,

Thank you for your interest in volunteering for the 2012 Tumwater Baseball program. Please review this information packet carefully as there are several items of importance.

REQUIRED FORMS:

Please complete the required coach's forms that are listed below. These forms are included in this packet and must be received by Tumwater Parks & Recreation **prior to March 5, 2012**. Our office is located at 555 Israel Road SW, Tumwater, WA 98501 and is open Monday through Friday from 8:00am to 5:00pm. Our fax number is 754-4166.

- Volunteer Application
- Volunteer Release of Liability
- Criminal Background Check
- Coach's Code of Ethics
- Coach's Concussion Compliance

COACH'S MEETING:

There is a mandatory meeting scheduled for baseball coaches to formulate teams. If you are unable to attend this meeting, please send a representative. If no representative is available, please contact me **prior to the meeting date**.

Date: Thursday, February 16
Time: 6:30pm
Place: Tumwater City Hall, downstairs Training Room

EQUIPMENT: Equipment will be handed out in March. Details TBA.

I appreciate your support and involvement in this program and look forward to working with you in the upcoming season! If you have any questions regarding this information, please don't hesitate to contact me at 754-4160.

Thank you!

Dave Nickerson, Recreation Supervisor

COACH/PARENT MEETING GUIDELINES

Coaches are strongly encouraged to conduct a pre-season meeting with the parents to cover the following items as well as to recruit additional assistance. The following information will assist coaches to communicate the league's philosophy, goals, conduct, and general information.

- CONTACT PARENTS:** Call all parents and ask them to attend a brief meeting at the beginning of the first practice.
- INTRODUCTIONS:** Introduce yourself and your assistants. This is also a time to recruit assistants if needed.
- PHILOSOPHY & GOALS:** Explain how you will run practices, what your expectations will be, and what you hope to accomplish. Our intention is to provide a safe, fun, educational, recreational opportunity for children.
- CODE OF CONDUCT:** Focus on positive encouragement from your coaching staff and the team parents as well. Encourage parents to set a good example by not responding negatively to officials, players, or other parents. This can "make or break" the experience of this program for a child.
- FACILITIES:** Educate parents on the policies of the league and the Tumwater School District. Smoking and alcohol are not allowed on school grounds, indoor or outdoor.
- SCHEDULES:** Explain to parents when and where they can pick up schedules for practices/games. Highlight important dates throughout the season, such as picture day, post-season party, etc.
- EMERGENCY:** Discuss any health-related issues children have that could require first aid or medical attention.
- COMMUNICATION:** Encourage parents to communicate with you and your assistants. Involve parents by asking them to volunteer for various duties such as making calls when changes or cancellations occur, arranging for team party and post-game snacks if you desire, coordinating equipment, etc

COACH'S RESPONSIBILITIES

COACHING STAFF: Official coaching staff will consist of one head coach and one assistant. Once teams have been formed, coaches may recruit parents as additional assistants with the understanding that Tumwater Parks & Recreation can only provide a total of two coach's shirts per team.

SAFETY: Coaches are responsible for supervising their players at all times during practices and games. Please do not allow players to wander off, play on school equipment, or involve themselves in other mischievous or dangerous situations. Parents should supervise all player siblings. Please make sure parents understand that all children should be respectful of the school's property.

FACILITIES: Educate players, parents, and fans as to the facility policies, such as no tobacco use on school property. Respect the facilities and leave them in great condition.

PRACTICE: Tumwater Parks & Recreation will provide every head coach with a practice schedule. Coaches need to attend all of the practices. Should a coach need to cancel a practice, it is the responsibility of that coach or his/her appointed "contact person" to notify all of the players/parents of the cancellation. Practices should be conducted in an organized manner, teaching skills, fundamentals, and sportsmanship.

GAMES: Please review and adhere to the league rules. Positive encouragement, fun, and learning the skills of the game should be a high priority for all coaches and parents.

RAINOUTS: **Game Rainout Information Line for Tumwater fields is 252-5460.** Please call after 4:00pm to receive updated rainout information regarding scheduled games. Practice cancellations due to weather or poor field conditions are determined by the coaching staff.

REWARD: This will be a great experience for everyone involved if we are successful in recruiting quality coaches that support the philosophy of our league and are able to communicate that philosophy to the parents and players.

THANKS: I want to sincerely thank all of the volunteers for committing their time and efforts to this program. Without you, we wouldn't be able to offer this opportunity for the kids of this community. I am grateful that we, as a community, understand the importance of involving our children in programs such as this. I hope that you will strongly consider continuing to support these activities by volunteering in the future. Thanks again! – **Dave Nickerson**

2012 TUMWATER BASEBALL RULES

Revised 12/2/11

General:

- Two divisions of play: K/1st & 2nd/3rd
- Rules apply to both divisions unless otherwise specified.
- Tumwater Baseball prides itself on playing the game with sportsmanship. Coaches, we ask that you fully support sportsmanship in every way. **Example:** At this level, base coaches should not look for opportunities to take advantage of the defense by aggressively taking extra bases. We appreciate your cooperation.

Equipment:

- 2 3/4" barrel bat is the maximum diameter allowed.
- Metal cleats are not allowed.
- Base distance is 60'.
- Pitch distance is 38' for 2nd/3rd.
- **K/1st:** 9" 5-ounce Safe-soft baseball is used.
- **2nd/3rd:** 9" 5-ounce Safe-soft **level #5** baseball is used.

Pre-game info:

- It is the home team's responsibility to provide a volunteer umpire.
- Coaches will have a pre-game conference with the volunteer umpire before every game to discuss ground rules specific to each field and to clarify any rules prior to the game.
- Home team provides one new and one used game ball.

Pitching:

K/1st:

- Coaches need to pitch overhand from either a standing or kneeling position at a distance from which they can successfully throw strikes. Coaches should not field live balls, as the defensive team will assign a player to field the pitching position.
- Coach pitch: The batter gets 6 pitches to put the ball in play. If the ball is not put in play by the 6th pitch, a tee is used until the ball is hit into play for K/1 only. 2/3 gets 6 pitches to put the ball in play. If unsuccessful an out is recorded.
- Please note: You can speed up the game immensely by having the coach take 6 baseballs to the mound. Do not have catchers throw each pitch back to the mound. Rather, have the umpire hold each ball that is pitched until all 6 baseballs have been pitched or the batter puts a ball into play.

2nd/3rd:

- Coach pitch rules apply for all games in April (See K/1st division above). Kid pitch will begin May 1 and continue for the remainder of the season. Exception: Coaches may opt to begin kid pitch earlier in the season if they have players with pitching experience. Therefore, games prior to May could consist of one team **kid** pitching while the other team is **coach** pitching.
- Pitching distance for kid pitch is 38 feet.
- All return throws to pitcher are dead balls.
- A batter that is hit by a pitch thrown by a player pitcher will be awarded first base. A batter hit by a pitch thrown by a coach will continue the at bat.
- After 4 balls are issued, the offensive team's coach/volunteer continues pitching the at bat, with a reset count, until an out is recorded or the batter reaches base safely on a hit ball. (No walks)

The batter will have a maximum of 6 additional pitches from a coach to put the ball in play. If unsuccessful, the batter is out.

- Player pitchers hitting a total of 3 batters in a game will be replaced immediately after the 3rd batter has been struck by the pitch.
- Pitchers must not throw more than 2 innings in a calendar day and a total of 4 innings per week (Mon – Sun). A 40-hour rest period is required for anyone pitching 2 innings in a calendar day. A single pitch in any given inning is considered a full inning pitched.

During the game:

- There will be one team warning on a thrown bat. The batter/runner will be ruled out with each succeeding offense. The play proceeds as a live ball.
- Bat the entire line-up.
- No courtesy base-runners allowed except for an injured player.
- No headfirst slides except to return to a base. Base-runner will be ruled out for failure to comply with this rule.
- All attempts must be made to slide and/or avoid contact. Incidental contact occurs in baseball; however, an obvious lack of effort to slide and/or avoid contact may cause the base-runner to be ruled out by the umpire.
- Maximum of 10 defenders can be used in the field. The 4 outfielders must be positioned in the outfield. Teams may play with a minimum of 6 players.
- The minimum number of players a team may field on defense is 6. Late arriving players may be added to the end of the batting line-up.
- Players must play at least one inning on defense unless the time limit is reached after only one inning of play has been completed.
- Unlimited substitutions on defense. Exception: During the “Kid Pitch” portion of the season in the 2nd/3rd division, once a player is removed from the pitcher’s position for any reason, that player may not return to the pitcher’s position again during that same game.

K/1st:

- Bunting is not allowed.
- A player that is put out on the bases returns to the bench. If 3 outs are recorded in an inning prior to batting the entire line-up, the bases will be cleared of all base-runners and the inning will continue with outs being reset to 0.
- Coaches should rotate defensive players through the positions so kids gain experience at both infield and outfield positions.

2nd/3rd:

- Bunting is allowed.
- Strikeouts are recorded.
- All overthrows are dead balls; base-runners advance 1 base. (Exception: Catchers throw to 1st base in a pickoff attempt, see rule that follows)
- Catchers may throw to bases after a pitch, in an attempt to pick off a base-runner. The base-runner may not advance on an overthrow in this situation.
- Secondary lead offs are encouraged. (ie: base-runner can leave the base after the ball leaves the pitcher’s hand but stealing is not permitted; see rule that follows).
- No base stealing.
- Coaches should rotate players through the positions so kids gain experience at both infield and outfield positions.

Inning Length:**K/1st:**

An inning ends after each batter on both teams has had an at bat in that inning.

2nd/3rd:

3 outs OR 3 runs scored, whichever comes first.

Game Length; After the game:

- Time limit: No new inning shall start after 1 hour and 15 minutes.
- Tied games will end in a tie unless time allows for an additional inning to be played.
- Standings are not recorded in this league.
- The home team is responsible for reporting a game cancellation due to poor weather or field conditions to Dave Nickerson at Tumwater Parks & Recreation. Please provide a few potential make-up dates that work for both teams involved, and the game will be rescheduled accordingly.

K/1st:

Game length: An official game is 1 complete inning. If the first full inning is completed prior to the time allowance of 1 hour and 15 minutes, a second inning may be played. Maximum of 3 innings per game if time allows. No new inning will start after the time limit has been reached, unless both coaches and volunteer umpire agree to do so.

2nd/3rd:

Game length: An official game is 2 complete innings. If the 2nd inning has been completed prior to the time allowance of 1 hour and 15 minutes, a third inning may be played. Maximum of 3 innings per game if time allows.



TUMWATER BASEBALL LEAGUE VOLUNTEER APPLICATION

Coach Personal Information:

Name: _____

Address: _____ City: _____ Zip: _____

Home: _____ Work: _____ Cell: _____

E-Mail Address: _____

***Coaches, please note: Email is our preferred method of communication for non-urgent matters. If you don't check your email daily, please circle which phone number is the most reliable.**

Coaching Details/Preferences:

Position you are interested in: Head Coach Asst. Coach Either

Other coaches you'd like to work with: _____

Division: (circle one) K/1st or 2nd/3rd School: _____

Your T-shirt size: Sm Med Lg XL XXL

Is there a specific night of the week that you absolutely cannot practice? *(Keep in mind that games will be played on weeknights & some weekends, as well.)*

Coaching Experience:

Have you ever played baseball before? Yes No

If yes, at what level did you compete? H.S. College Other _____

Have you ever coached this sport before? Yes No

If yes, how long have you been coaching and at what level/s: _____

Please note that if we have several individuals interested in coaching one team, we ask that the parents work together in coordinating who will be the head coach and who will assist. This is one of those good problems to have! If such a situation cannot be resolved with those involved, the League Coordinator will make final determination.

Questions? Please feel free to contact Stephanie, Parks Department Secretary, at (360) 754-4160.

Parks and
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VOLUNTEER RELEASE OF LIABILITY

As a volunteer for Tumwater Parks and Recreation, I will support the work of City staff and uphold all the guidelines, policies, and standards set by the City of Tumwater Parks and Recreation Department. I have been provided with a copy of these guidelines, policies and standards. As a volunteer for Tumwater Parks and Recreation, I understand that I am viewed as a representative of the city, the department, and the program with which I am involved. I will put forth every effort to exhibit a friendly, positive attitude and work to assist in the program's success.

I understand that the City of Tumwater will provide volunteer training to cover the areas for which I may be responsible, and the activities/duties in which I will take an active role. I also understand that additional training may be required to increase my knowledge and abilities to perform as a successful volunteer.

I agree to hold harmless the City of Tumwater, its officials, employees and agents for any damage claim or lawsuit for injury, illness or damage or loss of any kind to me arising out of my connection with or from my participation as a volunteer in activities with the City of Tumwater's Parks and Recreation Department.

I consent to the City performing a background check into my history in accordance with RCW 43.43.830-839 and waive any right of privacy I may have in such information for the limited purpose of the City considering it for determining my suitability as a volunteer. (To be used for volunteers who will have unsupervised access to children, developmentally disabled persons, vulnerable adults, or confidential information).

I give permission to have my photo taken and used for publicity purposes by the Parks and Recreation Department. I authorize the City and its employees or agents to provide me with emergency medical treatment if it is deemed necessary. To the best of my knowledge, I have no physical or other condition, which would interfere with my participation as a volunteer for Tumwater Parks and Recreation.

Please print:

Name: _____ Phone: _____

Address: _____ City: _____ Zip: _____

Signature: _____ Date: _____

Signature of Parent or Guardian: _____

(Required for participants under 18 years of age)

Notification and Authorization for Background Investigation Disclosure Statement

In compliance with RCW 43.43.830-838, each person who has been offered a position as a volunteer or employee, and in which position the person may have unsupervised access to children under sixteen years of age, to be developmentally disabled persons, or to vulnerable adults, are required to disclose the following information:

1.	<p>Have you ever been convicted of any crime against children or other persons*? <i>* Crimes against children or other persons means a conviction of any of the following offenses: Aggravated murder; first or second degree murder; first or second degree kidnapping; first, second, or third degree assault; first, second, or third degree assault of a child; first, second, or third degree rape; first, second, or third degree rape of a child; first or second degree robbery; first degree arson; first degree burglary; first or second degree manslaughter; first or second degree extortion; indecent liberties; incest; vehicular homicide; first degree promoting prostitution; communication with a minor; unlawful imprisonment; simple assault; sexual exploitation of minors; first or second degree criminal mistreatment; endangerment with a controlled substance; child abuse or neglect as defined in RCW 26.44.020; first or second degree custodial interference; first or second degree custodial sexual misconduct; malicious harassment; first, second, or third degree child molestation; first or second degree sexual misconduct with a minor; patronizing a juvenile prostitute; child abandonment; promoting pornography; selling or distributing erotic material to a minor; custodial assault; violation of child abuse restraining order; child buying or selling; prostitution; felony indecent exposure; criminal abandonment; or any of these crimes as they may be renamed in the future.</i></p>	<input type="checkbox"/> Yes <input type="checkbox"/> No
2.	<p>Have you been convicted of crimes relating to financial exploitation where the victim was a vulnerable adult*? <i>* Crimes relating to financial exploitation means a conviction for first, second, or third degree extortion; first, second, or third degree theft; first or second degree robbery; forgery; or any of these crimes as they may be renamed in the future.</i></p>	<input type="checkbox"/> Yes <input type="checkbox"/> No
3.	<p>Have you been found in any dependency action under RCW 13.34.040 to have sexually assaulted or exploited any minor or to have physically abused any minor?</p>	<input type="checkbox"/> Yes <input type="checkbox"/> No
4.	<p>Have you been found by a court in a domestic relations proceeding under Title 26 RCW, to have sexually abused or exploited any minor or to have physically abused any minor?</p>	<input type="checkbox"/> Yes <input type="checkbox"/> No
5.	<p>Have you been found in any disciplinary board final decision to have sexually or physically abused or exploited any minor or developmentally disabled person, or to have abused or financially exploited a vulnerable adult?</p>	<input type="checkbox"/> Yes <input type="checkbox"/> No
6.	<p>Have you been found by a court in a protection proceeding under Chapter 74.34 RCW, to have abused or financially exploited a vulnerable adult?</p>	<input type="checkbox"/> Yes <input type="checkbox"/> No
7.	<p>Have you been convicted of crimes related to drugs as defined in RCW 43.43.830**? <i>** Crimes relating to drugs mean a conviction of or crime to manufacture, delivery, or possession with intent to manufacture or deliver a controlled substance.</i></p>	<input type="checkbox"/> Yes <input type="checkbox"/> No

<p>If the answer is Yes to any of the previous questions, please describe the location, date and facts of the conviction and make reference to the question being answered:</p>

*** Please complete information on reverse side of this form**

The City of Tumwater shall make an inquiry to the Washington State Patrol regarding an applicant's/volunteer's conviction record, disciplinary board final decision, or civil adjudication record. Applicants/volunteers will be notified of the State Patrol's response within ten working days of receipt of this information by the City of Tumwater. For up to 10 days after its completion, a copy of the response will be made available to the applicant/volunteer, upon his/her request. The results of this inquiry are valid two years from issuance.

I acknowledge that I have read the entire Notification and Authorization for Background Investigation Disclosure Statement, that I understand the requirements, and I grant permission to the City of Tumwater to make an inquiry to the Washington State Patrol under the provisions of this law. Pursuant to RCW 9A.72.085, I certify that under penalty of perjury under the laws of the State of Washington that the foregoing is true and correct.

Signature of Applicant: _____ Date: _____

Applicant's/Volunteer's Name: _____
Last First Middle

Alias/Maiden Name: _____ Date of Birth: _____
Month/Day/Year

Sex: Male Female Driver's License Number/State _____ / _____

Race: _____ Hair Color: _____ Eye Color: _____ Height: _____

FOR CITY OF TUMWATER USE ONLY:

Parks and Recreation



Coach's Code of Ethics

- I will place the emotional and physical well being of my players ahead of a personal desire to win.
- I will treat each player as an individual, remembering the large range of emotional and physical development for the same age group.
- I will do my best to provide a safe playing situation for my players.
- I will do my best to organize practices that are fun and challenging for all my players.
- I will lead by example in demonstrating fair play, sportsmanship, and will conduct myself in a professional manner consistent to the objectives of this league.
- I will provide a sports environment for my team that is free of drugs, tobacco, and alcohol, and I will refrain from their use at all Tumwater Baseball sports events.
- I will be knowledgeable in the rules of Tumwater Baseball, and I will teach these rules to my players accordingly.
- I will use those coaching techniques appropriate for each of the skills that I teach.
- I will remember that I am a youth sports coach, and that the game is for children and not adults.

Coach's Signature: _____ Date: _____

Coach's Printed Name: _____

Parks and Recreation



Coach's Concussion Law Compliance

House Bill 1824, passed in 2009, requires the adoption of policies for the management of concussions and head injuries in youth sports. In order for Tumwater Parks and Recreation youth sports leagues to be in compliance, all coaches are required to:

- Be educated as to the nature and risk of concussion and head injuries including continuing to play after concussion or head injury. This education shall include signs and symptoms of concussion/brain injury. This education is available at no charge to coaches via www.wiaa.com. Coaches shall educate their athletes on the signs and symptoms of a concussion and encourage athletes to notify a coach if they or a teammate exhibits those signs or symptoms.
- Immediately remove from participation/competition any athlete who is suspected of sustaining a concussion or head injury.
- Not allow an athlete who has been removed from play because of a suspected concussion/brain injury to return to play until the athlete has received written clearance from a licensed health care provider trained in the evaluation and management of brain injuries.

Coaching Requirement:

- Review the WIAA Coaches Resource Packet
- View the WIAA video on Concussion in Youth Sports.

The packet and video are available on www.wiaa.com: Publications / Concussion Management Guidelines / Coaching Resources (left-hand side of the page)

By signing below, I certify that I have viewed the Concussion video and that I have reviewed the Coaches Resource Packet on www.wiaa.com.

Coach Signature: _____ **Date:** _____

Printed Name: _____